



Fruits de mer  
**ALLIANCE**  
Seafood Inc.

**Your Year-Round  
Seafood Source.**



**Regal**<sup>™</sup>  
SEAFOOD BRAND

## Breaded Atlantic Clam Tenders

Alliance Seafood is pleased to introduce Wild caught Breaded Atlantic Clam Tenders. Clam tenders are the "Scallop" of the beloved Bar Clam. These tenders morcels are fished off the coast of Atlantic Canada and are harvested by traditional methods. Our product is shucked and breaded in Atlantic Canada and our light coating ensures natural flavor with every bite.

### NUTRITIONAL FACTS/ VALEUR NUTRITIVE

PER 18 AVERAGE PIECES (124 G)  
POUR 18 MORCEAUX MOYENS (124 G)

Amount / Teneur

|                         |       |     |
|-------------------------|-------|-----|
| Calories / Calories     | 290   |     |
| Fat / Lipides           | 14g   | 22% |
| Saturated / satures     | 1g    | 5%  |
| Trans / trans           | 0g    |     |
| Sodium / Sodium         | 580mg | 24% |
| Potassium / Potassium   | 300mg | 9%  |
| Carbohydrate / Glucides | 19g   | 6%  |
| Fibre/Fibres            | 1g    | 2%  |
| Sugars / Sucres         | 1g    |     |
| Protein / Proteines     | 20g   |     |
| Vitamin A / Vitamine A  |       | 10% |
| Vitamin C / Vitamine C  |       | 0%  |
| Calcium / Calcium       |       | 4%  |
| Iron / Fer              |       | 15% |

### Cooking Instructions

Deep fry for 1 Minute @ 350°F  
Oven bake for 12-15 minutes @ 375°F

### Product Specifications

10 x 1lb  
Made from Atlantic Bar Clams.  
Serve as a clam dinner or appetizer

|                     |                           |
|---------------------|---------------------------|
| SCC Code            | 10879601003461            |
| UPC Code            | 879601003464              |
| Product Code        | 405510                    |
| Case Dimension (cm) | 33.5 cm x 29 cm x 16.7 cm |
| Ti - Hi             | 10 x 10                   |



**Ingredients:** Bar Clam Meat, enriched wheat flour, corn flour, water, baking powder, canola oil, salt.

**May Contain:** Milk, Eggs



Alliance Seafood Inc. | 506.854.5800

Neil Veldhoven: neil@allianceseafood.ca