



Fruits de mer
ALLIANCE
Seafood Inc.

**Your Year-Round
Seafood Source.**



Haddock Fillets Long Cut

Alliance provides only the highest quality of North Atlantic haddock. Caught by traditional methods in the icy cold waters of the Barents Sea. Alliance ensures our product is processed additive free and glazed for freshness.

NUTRITIONAL FACTS/ VALEUR NUTRITIVE

PER 85G 3OZ PAR 85GM 3OZ

Amount / Teneur

Calories / Calories 74

Fat / Lipides 1g	1%
Saturated / satures 2g	1%
+Trans / trans 0g	
Cholesterol / Cholesterol 48mg	16%
Sodium / Sodium 58mg	5%
Carbohydrate / Glucides 0g	0%
Fibre/Fibres 0g	0%
Sugars / Sucres 0g	
Protein / Proteines 11g	3.5%

Vitamin A / Vitamine A	10%
Vitamin C / Vitamine C	0%
Calcium / Calcium 6mg	3%
Iron / Fer 6mg	14%



Ingredients : Haddock

Allergens: Haddock

Cooking Instructions

Uncooked. Use as indicated in your recipe.

Product Specifications

IQF 1 x 10lb case

Skinless & boned Excellent cut for fish & chips providing exceptional plate coverage and visual appeal
1 oz variance ie: 4oz fillets will be 3.5 to 4.5oz from frozen (Glaze removed)

Full process integration from raw material to finished product.

3oz Fillets: **SCC:** 108-79601-00244-0 **Code:** 502310

4oz Fillets: **SCC:** 108-79601-00245-7 **Code:** 502430

SCC Code

ABOVE

Product Code

ABOVE

Case Dimension (cm)

38L x 27W x 12 H

Ti - Hi

10 x 11



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